

50 Random Thoughts For The Holidays!

1. Go Elf yourself http://elfyourself.jibjab.com/?cmpid=jj_hp
2. Why not listen to some commercial free (almost) Christmas music here <http://accuradio.com/holidays>
3. Commit to laughing your hiney off at least once a day. Once you do that, make sure you help others do the same! Methinks we are taking ourselves way too seriously!
4. Don't listen to that damn "Christmas Shoes" song. If you do and someone walks in on you tell them its your allergies!
5. Forgive someone.
6. Be a kid again. I won't tell anyone!
7. Understand that other than the "5 Golden Rings" in The 12 Days of Christmas, someone basically cleaned out their attic and was trying to unload junk. I mean what am I supposed to do with a bunch of Lords a leaping? Screw it; just put it over there next to the swans a swimming, Jackass!
8. Sing along to a holiday song. Rinse and repeat!
9. Take a co worker out to lunch or coffee . . . just because.
10. Between now and year end include messages of hope and inspiration in your status updates.
11. Grab a hot chocolate and look at some Christmas lights.
12. Say a prayer for someone.
13. Give someone a few extra minutes of your time.
14. Take at least one opportunity to bite your tongue.
15. Over tip someone who deserves it.
16. Listen to the Ave Maria and then acknowledge a truly beautiful song!
17. Fellow New Yorkers: Let's have a "bird free" holiday season. If each of us refrains from middle finger usage at least once, it will reduce the other person's urge to "return the bird" and total "bird" usage will drop by 10 billion.
18. Understand that laughing at the song "Grandma Got Run Over By A Reindeer" is sick. Would you really laugh if your Grandmother got run over by a reindeer? What's next? Grandpa got his nuts caught in a turbine?
19. Forgive your parents already. Like they didn't forgive you for dopey stuff you did?
20. Evict negativity from your life. Seek out good. Its there . . . I promise!
21. Give someone the gift of your undivided attention.
22. Watch this important clip and then tell me who was the better dude. Heatmeiser or Snowmeiser. <http://www.youtube.com/watch?v=yon2YuXssvo> I will tell you all straight up that I laughed so hard I cried with my Mom the first time I saw this!
23. Tell a loved one how much they mean to you. Unfortunately, there's an expiration date on this crazy thing we call life! And if by chance you lost that person . . . find a way

to honor them!

24. Read the lyrics to “I Heard The Bells On Christmas Day” and then prepare for a good cry when I tell you what inspired that poem. Henry Wadsworth Longfellow’s son was killed in the American Civil War and it was his way of expressing despair, anger and questioning his faith in the process. Kind of makes your complaint about having to stop by Aunt Sadies on Christmas look like baby sh*t next to his tragedy, huh? Here are the lyrics, get your Kleenex. <http://www.worldofchristmas.net/christmas-carols/heard-the-bells.html>

25. Plan a family night.

26. Find something inspirational and then pass it to your network because quite frankly, we all need a shot in the arm from time to time.

27. Encourage someone. Its free.

28. Answer this question: What am I most grateful for? Take inventory and count your many blessings.

29. Stop striving for Norman Rockwell Christmas moments. Understand that the beauty of his art was in capturing the chaos and even celebrating it. Might be a lesson in that crazy thought.

30. Donate some food to your local food pantry. They get hit hard this time of year.

31. Change the words to one of your favorite holiday songs. Personally, I like singing “Walking in my winter underwear” to the tune of “Walking in a winter wonderland”. I’ve even changed lyrics to things I could never share here. But I will hint that it involved a threesome and leave it at that.

32. Commit to wearing your spirit on your sleeve!

33. If you have stepped away from your faith . . . step back. By the way, I did and I was a fool for thinking I would travel my life’s journey without it! I’ll spare you the sermon, but I feel much better after my spiritual homecoming!

34. Listen to the lyrics of “We wish you a Merry Christmas” and then ask yourself What’s the deal with that Figgy Pudding and who the hell do they think they are threatening us that “We won’t go until we get some” I wish the person who wrote that song would have stepped back to realize that people are willing to get indignant over a Baileys or a hot chocolate, but a figgy pudding? Don’t have any, but help yourself to those Lords a leapin over there instead skipper!

35. Sing a duet of “Baby its cold outside” and then realize that the atrocity that just occurred with your singing is precisely why you both need to keep working your day jobs.

36. Stay away from the news. Take it in bite sized pieces. They make mega bucks with negativity . . . you don’t!

37. Find a way to create a memory and then visit that memory often! Someday you will refer to today as “The good old days” Make it count!

38. 101 Christmas Videos can be viewed online by clicking [here](#)

39. Go on a date with your spouse. Conquering the world needs to happen on the home front too.
40. Avoid any instance where you will be accused of “donning gay apparel” And don’t let the SOB soften that statement with some “Fa la la la la” jibberish. Talk about dropping a bomb and then changing the subject.
41. Go to a tree lighting, a children’s Christmas concert to get that hometown vibe going!
42. When you find yourself in an exceptionally good mood, don’t ever let anyone take your joy away from you.
43. Find a way to make someone look like a rock star today, just because.
44. Mend a fence. Lose your ego and repeat after me “Sorry” Try it and you will lighten your load.
45. Catch up with someone you lost touch with.
46. There are 11 towns in the US named “Santa Claus”. I’m only sharing that because I set the bar too damn high in telling you I had 50 things. What was I thinking?
47. Let someone know they inspired you!
48. Try to do some of your holiday shopping at a “Mom and Pop”. It’s a great way to stimulate your local economy.
49. Christmas Shoes Part II: If someone walks in on you tearing up, tell them you are going to be taking the place of Paula Abdul on American Idol and you were just practicing!
50. **Watch It’s A Wonderful Life and then acknowledge that it truly is!**

I hope in some crazy way this has brought you a smile, a tear and a renewed sense of holiday spirit!

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